



PE provision 2015-2016

EYFS/KS1	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R					Swimming	Swimming
1	Swimming	Team games: Throwing, catching, agility & co-ordination	Team games: Throwing, catching, agility & co-ordination	Competitive games	Swimming	Swimming
	Team games: Throwing, catching	Dance: Balance, agility and co-ordination	Dance: Perform dances using simple movement patterns	Gymnastics: Balance, agility, co-ordination	Team games: Develop simple tactics for attacking and defending	Athletics: Running, jumping
2	Swimming	Team games: Throwing, catching, agility & co-ordination	Team games: Throwing, catching, agility & co-ordination	Competitive games	Swimming	Swimming
	Team games: Throwing, catching	Dance: Balance, agility and co-ordination	Dance (to include some gymnastic skills): Perform dances using simple movement patterns	Gymnastics: Balance, agility, co-ordination	Team games: Develop simple tactics for attacking and defending	Athletics: Running, jumping

KS2

End of key stage expectations:

Use running, jumping, throwing and catching in isolation and in combination	Play competitive games, modified where appropriate (for example: badminton, basketball, cricket, football, hockey, netball, rounders and tennis) and apply basic principles suitable for attacking and defending	Develop flexibility, strength, technique, control and balance (through athletics and gymnastics)	Perform dances using a range of movement patterns	Take part in outdoor and adventurous activity challenges both individually and within a team (Bushcraft Year 4 and Bowles Year 5)	Compare their performances with previous ones and demonstrate improvement to achieve their personal best	Swimming: Swim competently, confidently and proficiently over a distance of at least 25m; Use a range of strokes effectively; Perform safe self-rescue in different water-based situations
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This will be achieved through:

Year	Autumn I	Autumn II	Spring I	Spring II	Summer I	Summer II
3	Tag Rugby Swimming	Hockey Dance	Basketball Gym (Floor Focus)	Tennis Gym (Apparatus Focus)	Swimming Athletics	Swimming Athletics/Kwik Cricket
4	Tag Rugby Swimming	Hockey Dance	Basketball Gym (Floor Focus)	Tennis Gym (Apparatus Focus)	Swimming Athletics Bushcraft	Swimming Athletics/Kwik Cricket
5	Basketball Swimming	Tag Rugby Dance	Netball Gym (Floor Focus) Bowles	Tennis Gym (Apparatus Focus)	Swimming Athletics	Swimming Athletics/Kwik Cricket
6	Basketball Swimming	Tag Rugby Dance	Netball Gym (Floor Focus)	Tennis Gym (Apparatus Focus)	Swimming Athletics	Swimming Athletics/Kwik Cricket

* Gymnastics in Spring Term to include Dance skills e.g. sequences of movement